



Warm-Up Schedule

Friday, July 7

10 & UNDER SESSION

SESSION 1 7:00-7:20am	SESSION 2 7:20-7:40am	SESSION 3 7:40-8:00am	SESSION 4 8:00-8:20am
Lane 1 STH	Lane 1 DOGS	Lane 1 SMST	Lane 1 DALT
Lane 2 STH	Lane 2 DOGS	Lane 2 SMST	Lane 2 DALT
Lane 3 STH	Lane 3 CAT	Lane 3 SMST	Lane 3 BRR
Lane 4 STH	Lane 4 OOLT	Lane 4 CBB	Lane 4 BRR
Lane 5 CGWS	Lane 5 OOLT	Lane 5 FCLU	Lane 5 RDG
Lane 6 CGWS	Lane 6 OOLT	Lane 6 FCLU	Lane 6 RDG
Lane 7 CUMB	Lane 7 OOLT	Lane 7 CGCC	Lane 7 RBST
Lane 8 CUMB	Lane 8 OOLT	Lane 8 CGCC	Lane 8 RBST

11 & OLDER SESSION

SESSION 1 11:30-11:50am	SESSION 2 11:50-12:10pm	SESSION 3 12:10-12:30pm	SESSION 4 12:30-12:50pm
Lane 1 STH	Lane 1 CGWS	Lane 1 SMST	Lane 1 DALT
Lane 2 STH	Lane 2 CGWS	Lane 2 SMST	Lane 2 DALT
Lane 3 STH	Lane 3 CGWS	Lane 3 SMST	Lane 3 DALT
Lane 4 STH	Lane 4 OOLT	Lane 4 SMST	Lane 4 CGCC
Lane 5 RBST	Lane 5 OOLT	Lane 5 DOGS	Lane 5 CUMB
Lane 6 RBST	Lane 6 OOLT	Lane 6 CAT	Lane 6 CUMB
Lane 7 RDG	Lane 7 OOLT	Lane 7 FCLU	Lane 7 BRR
Lane 8 CBB	Lane 8 OOLT	Lane 8 FCLU	Lane 8 BRR

Finals Warm-up will begin at approximately 5:30 p.m.