

U.S. Diving Coach Development

DIVE SAFE REGISTRATION

Instructions: Fill in the clinic date and site and mark the level and amount of check enclosed. Send the completed registration form and check to the instructor of the course listed on the flyer or posted on U.S. Diving's web site www.U.S.Diving.org to be received no later than the deadline posted. Make checks payable to U.S. Diving. All materials will be handed out at the clinic site by the course instructor. Clinics are subject to cancellation if a minimum of four participants' per session registrations and fees are not received by the instructor by the deadline. Dates and times are subject to change. Check with the local contact for a course status update and directions prior to your departure. Registration fees will be refunded by the instructor if the course is canceled. No-shows will not receive a refund. Levels must be passed in sequence.

Eligibility: Dive Safe Bronze and Dive Safe Silver are open to all coaches. Dive Safe Gold is open to USD coach members or YMCA Instructors who present at the time of registration the Dive Safe Program Directors Agreement for Non-members along with verification of insurance signed by his/her YMCA Executive Director.

Prerequisites: Bronze, Silver and Gold Dive Safe levels must be passed in sequence. The coach must pass the Bronze and Silver skill demonstrations before taking the Gold level.

Certification: Coaches who pass the Dive Safe Bronze and Silver spotting skill demonstrations receive a Grass Roots Fundamentals Coach achievement certificate. Eligible coaches who meet the minimum age, prerequisites, experience and fee requirements and pass all three levels receive either a Dive Safe Coach or Dive Safe Program Director achievement certificate.

Minimum Age and Experience: A Dive Safe Coach must be a U.S. Diving coach member a minimum of 16 years. A Dive Safe Program Director must be a U. S. Diving coach member of majority age with a minimum of 24 months coaching/teaching experience or a minimum 4 years as a U.S. Diving senior level athlete or a \*YMCA diving instructor/coach.

Entrance Requirements/Insurance Verification: Prior to admittance to a Gold Level session, a U.S.D coach member is required to present his/her U.S. Diving coach membership card to the Instructor or apply for Provisional Membership on site. At the time of registration, a \*YMCA diving instructor/coach is required to present the Dive Safe Program Director's Agreement for Non members along with verification of insurance signed by his/her YMCA Executive Director.

Benefits: A Dive Safe Program Director receives the Dive Safe text, authorized provider status to use the "U.S.D. Dive Safe" name for promotion of U.S.D. Dive Safe lessons, and 300 Athlete Achievement Awards (100/each Bronze, Silver and Gold level). A Dive Safe Coach receives the text of each level passed.

Local Contact's Responsibilities: Site selection. Select a site with a classroom, deep water and the following spotting stations: basic tumbling mats, pool side (no protruding ledges underwater) and 1-meter springboard. Equipment. Supply one hula hoop (Bronze sessions only) and one stack mat (waterproof) for every 5 coaches and a VCR and TV/monitor. Provide two small sized local U.S. Diving registered athletes who can already perform the Dive Safe skills for every pre-registered coach to practice spotting techniques. Promote the course locally within your U.S. Diving association. Contact the instructor on the pre-registration deadline posted on the schedule to determine course status. Arrive 30 minutes early to help the instructor set up. Make lunch arrangements for the divers, instructor and coaches. Provide adequate hydration during the training sessions. Know the facility's emergency action plan and arrangements for EMS. Check that spine boards with head restraints are available on site. Make arrangements for a lifeguard to be available during the training session.

REGISTRATION INFORMATION

Course Date \_\_\_\_\_ Site \_\_\_\_\_

Check the level and amount enclosed (payable to U.S. Diving):

- \_\_\_\_\_ Bronze and Silver – Cost \$25/Grass Roots Fundamentals Coach
\_\_\_\_\_ Gold – Cost \$25/Dive Safe Coach
\_\_\_\_\_ Bronze, Silver and Gold – Cost \$125/Dive Safe Program Director
\_\_\_\_\_ Upgrade from Dive Safe Coach to Program Director-Cost \$75

Name \_\_\_\_\_ Phone (\_\_\_\_) \_\_\_\_\_ (H/O)
Address \_\_\_\_\_ Email \_\_\_\_\_
Region \_\_\_\_\_ Assn \_\_\_\_\_
City \_\_\_\_\_ ST \_\_\_\_\_ Zip \_\_\_\_\_
Date of Birth \_\_\_\_/\_\_\_\_/\_\_\_\_ Age \_\_\_\_ Circle: M F \_\_\_\_\_ U.S.D coach member # \_\_\_\_\_

Is there any reason that you can not perform the functions related to this course? YES NO
If yes, can you perform the essential functions with reasonable accommodations? YES NO
If you require reasonable accommodation, please contact Janet Gabriel at 954/564-1521 (O) no later than the pre-registration deadline.

APPLICATION FOR DIVE COACH AND/OR PROGRAM DIRECTOR Check one if applicable and fill in the blanks:

Dive Safe Coach: \_\_\_\_\_ I am a registered U.S. Diving Coach member \_\_\_\_\_ years of age.
Dive Safe Program Director:
\_\_\_\_\_ I am a registered U.S. Diving coach member \_\_\_\_\_ years of age with \_\_\_\_\_ years experience coaching/ teaching.
\_\_\_\_\_ I have been a registered U.S. Diving senior athlete \_\_\_\_\_ years.
\_\_\_\_\_ \*I am a YMCA diving instructor/coach. My signed Dive Safe Program Director's Agreement for Non members and Insurance Verification is attached.

Employer's name \_\_\_\_\_ Phone (\_\_\_\_) \_\_\_\_\_ (O) Email \_\_\_\_\_
Address \_\_\_\_\_
Street City ST Zip

I certify that the qualifications and experience provided are accurate and qualify me for consideration for the Dive Safe position for which I am applying. U.S. Diving may confirm any information on this application form.

Registrant's signature \_\_\_\_\_ Date \_\_\_\_/\_\_\_\_/\_\_\_\_ d:\divesafe/forms\dsreg02.doc 2/13/02