

CASL Facility Standards Checklist – Colonial Shores

Responsibilities

Individual	Responsibility
Pool Reps	Responsible for an initial pre-season inspection of their home pool and reporting deficiencies to the CASL Board. Responsible for ensuring that pool facilities (home or away) are inspected prior to any CASL-sponsored event and identifying any deficiencies to the meet officials. The pool rep is also responsible for announcing at the beginning of home meets any special pool characteristics that should be observed, such as the water depth at the starting block and the diving well depth.
Coaches	Responsible for ensuring their team is aware of the announced pool characteristics prior to competition and observes safe practices during competition. The diving coach will require a feet-first test dive prior to any competition so the diver can judge the exact pool depth.
Officials	Responsible for ensuring that any identified deficiencies are adequately addressed prior to competition. The official is also responsible for imposing penalties for non-compliance. Penalties: If the meet official and pool reps find unsafe and uncorrectable deficiencies at a facility prior to or during competition, the meet official may impose penalties on the host team, such as forfeiture of points for events effected by the deficiency. For example, a diving board deficiency might result in the host team forfeiting points for the number of divers designated on the roster to dive that evening. Alternative measures which alleviate the safety risk without resulting in a competitive advantage for either team should be considered first.

Checklist for Diving Facilities

✓	Diving Board Characteristics	Recommendation	Comment
N/A	Height	1 Meter	Measured from the end of the board to the top of the water.
N/A	Length	16 feet	Measured from end to end.
N/A	Pitch	Level	
N/A	Surface	Non-skid	Judged by the degree of slipperiness when the board is wet.
N/A	Stand	Anchored and stable	Check carriage bolts annually.
N/A	Fulcrum	Adjustable	Fixed fulcrum allowed.
N/A	Depth	11 feet minimum	Depths less than 11 feet allowed with feet-first practice jump.

Note: Diving board stands which were in existence and in use on or prior to May 9th 1987 at pools having dimensions less than those listed above will be allowed, by the Hamilton County Health Department, to continue in use until the diving board stand is replaced.

Checklist for Racing Facilities

✓	Racing Course Characteristics	Recommendation	Comment
25 vds.	Length	No standard.	
7 ft.	Lane Width	7 feet minimum	Measured from end to end.
✓	Depth	3 feet minimum	Measured for a distance 3'3½" to 16'5" from the end wall
✓	Depth Markers	Provided	Depths should be indicated in feet on each side and at each end of the pool.
✓	Walls	Parallel and vertical	End walls shall be constructed of solid, non-slip surface.
	Starting Blocks		
	• Height	Water depth dependent - See comments.	Water depth less than 3'6" - Blocks not allowed.
✓			Water depth 3'6" to less than 4' - Height no more than 18".
			Water depth more than 4' - Height no more than 2'6".
✓	• Surface	Non-skid	Judged by the degree of slipperiness when the surface is wet.
✓		At least 1'8" square	None
✓		Slope not more than 10° from the horizontal.	None
✓		Flush with face of end wall.	None
N/A	• Platform	Anchored and stable	Platform anchoring should be check before each meet.
✓	• Backstroke grips	Provided	Located 12-24" above water surface.
	Deck Equipment		
✓	• Steps and Ladders	In good repair and free of hazards	Steps and ladders should be checked annually.
✓		Removed if within the racing course.	Steps and ladders that cannot be removed should be padded to prevent injury.
✓	• Non-stationary deck fixtures	Removed from the competition area.	Applies to fixtures that restrict free passage and unobstructed view.
✓	• Loudspeaker start system	Provided	An electronic starting and recall signal, with strobe light or similar optical signal.
	Pool Equipment		
✓	• Backstroke flags	Provided	Located 15' from each end wall and about 7' above the water surface.
✓	• Floating lane dividers	Provided	Dividers shall extend the full length of the course
✓	• Lane numbers	Provided	Visible to competitors/officials and numbered right to left as the swimmers face the course.
✓	• Lane markings	Provided	Pool bottom lane markers in the middle of each racing lane on the bottom of the pool.